

**PENGEMBANGAN MANUAL KEGIATAN PELATIHAN GURU BIMBINGAN  
DAN KONSELING UNTUK MEMBANTU MENANGANI KONFLIK  
ORANGTUA-REMAJA PADA SISWA DI SEKOLAH  
(2016)**

**Rizki Dwi Alfianti**

**ABSTRAK**

Penelitian ini bertujuan untuk menyusun manual kegiatan bagi pelatihan guru Bimbingan dan Konseling untuk membantu menangani konflik orangtua-remaja pada siswa di sekolah. Penelitian ini adalah Penelitian dan Pengembangan (*Reasearch and Development*) yang dikembangkan oleh Borg & Gall. Program yang dihasilkan bersifat hipotetik yang telah divalidasi oleh tiga dosen ahli menyangkut media dan pelatihan. Hasil penelitian yang diperoleh berupa manual kegiatan pelatihan yang berisi : latar belakang manual kegiatan pelatihan, penggunaan manual kegiatan pelatihan, tujuan kegiatan pelatihan, sasaran kegiatan pelatihan, fasilitator pelatihan, peserta pelatihan, indicator keberhasilan kegiatan pelatihan, waktu dan tempat kegiatan pelatihan, penyusunan ruang dalam kegiatan pelatihan, durasi pelatihan, tema-tema dalam pelatihan (definisi keluarga, fungsi keluarga, siklus perkembangan keluarga, konflik orangtua-anak, pola asuh orangtua, komunikasi efektif antara orangtua-anak), lembar materi, lembar kerja, lembar permainan pada masing-masing tema serta proses kegiatan pelatihan mengenai instruksi bagi fasilitator kepada peserta pelatihan. Hasil validasi ahli menyatakan bahwa pengembangan manual kegiatan pelatihan memiliki nilai dan tergolong dalam kategori layak. Berdasarkan uji validitas ahli maka manual kegiatan pelatihan yang disusun layak untuk selanjutnya digunakan dalam kegiatan pelatihan bagi guru Bimbingan dan Konseling. Produk yang dihasilkan dalam penelitian ini diharapkan menjadi media pembelajaran yang dapat digunakan oleh fasilitator dalam pelatihan bertema keluarga bagi guru Bimbingan dan Konseling. Hasil penelitian ini juga diharapkan dapat dijadikan dasar pengetahuan bagi guru Bimbingan dan Konseling dalam membuat Layanan Bimbingan dan Konseling bertema keluarga. Rekomendasi bagi penelitian selanjutnya adalah menerapkan tahap uji coba sampai tahap diseminasi hasil sehingga manual kegiatan pelatihan dapat diterapkan dalam pelatihan Bimbingan Konseling bertema keluarga.

Kata Kunci : manual kegiatan pelatihan, keluarga, konflik orangtua-Remaja

**DEVELOPMENT ACTIVITIES FOR TRAINING TEACHERS MANUAL  
GUIDANCE AND COUNSELING TO HELP DEAL WITH PARENT-TEEN  
CONFLICT ON SCHOOL STUDENT  
(2016)**

**Rizki Dwi Alfianti**

**ABSTRACT**

This study aims to develop a manual for teacher training activities guidance and counseling to help deal with parent-teen conflict in students at school. This research is the Research and Development (Reasearch and Development) developed by Borg & Gall. The resulting program is a hypothetical that have been validity by three expert lecturers regarding the media and training. The results obtained in the form of manual training activities which include: a background manual training activities, the use of manual training activities, the purpose of the training activity, target training, training facilitators, trainees, indicator of the success of the training, time and place of training activities, preparation of space in training, duration of training, the themes of training (definition of family, family functioning, family development cycle, parent-child conflict, parenting styles, effective communication between parent-child), sheet material, worksheets, games in each each theme as well as the training of instructions for the facilitator to the participants. Results of expert validation manual states that the development of training activities have value and classified in the category viable. Based on test validity, the expert manual training activities organized feasible for subsequent use in training activities for guidance and counseling teachers. The products produced in this experiment are expected to be media that can be used by facilitators in training for teachers BK-themed family. Results of this study are also expected to be used as a knowledge base for teachers in making guidance and counseling services of family themed. Recommendations for future research is to implement the pilot phase until the phase of dissemination of results so that manual training activities can be applied in training Counseling of family themed.

**Keywords:** Manual Training Activities, Family, Parent-Teen Conflict